

# The Thinking Toolkit

A workbook for clearer thinking



# What is critical thinking, really?



## Recap

Briefly summarise the key idea from this lesson in your own words.

## Try this

- ☐ Apply the idea in a real-world situation.
- ☐ Notice it in a conversation, article, or social post.
- ☐ Share the idea with someone else and see how they respond.

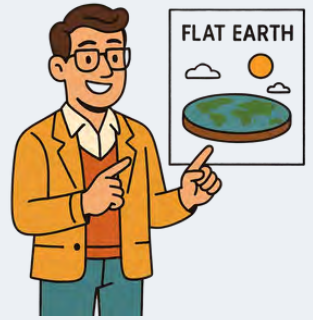
## Reflect

What challenged you in this lesson? What insight stood out?

## Write it out

What's one insight you want to take with you — or try out in real life?

# Why smart people fall for dumb ideas



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# Fallacies: the shortcuts that fool us



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# Biases: the traps we don't see coming



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# Cognitive dissonance: the tension behind bad thinking



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# Intellectual humility: why it matters



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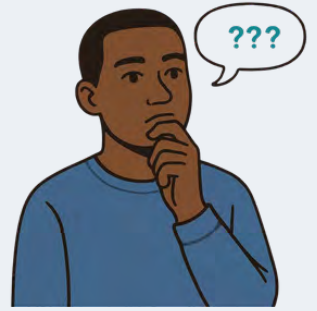
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# Slow down: the power of pausing before judging



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# Mental fitness: habits for sharper thought



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# Truth signals: how to sense what's real



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# Thinking as a moral act: what's at stake



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# Well done for completing The Thinking Toolkit.

You've taken a big step toward thinking more clearly in a confusing world. And here's the thing: clear thinking isn't a finish line — it's a lifelong habit. The more you practise, the sharper you'll get.

**Keep going** with The Thinking Parent — a deeper dive into how to raise kids who think clearly, calmly, and independently.

**Start The Thinking Parent**



## Help us grow

If you found this helpful, share it with someone who'd appreciate it — a friend, a curious teen, a parent, a fellow teacher.

Clear thinking is contagious. Let's spread it.